

DAY 1 (Theory)

- 09.00am-09.30am -Fundamental of Rigging and Sligging
- 09.30am-11.00am Introduction
-Safe Work Practice
- Safe Practice Working around
- 14:00pm-15.00pm Loads
-Knot and Fiber Rope
-Wire Rope
-Load Calculation and Stability
- 15.00pm-16.00pm Ropes and Cranes

DAY 2 (Theory and Practical)

- 09.00am-10:00 am Hardware Applications
-Knot Tying
-Load Estimation
-Hitch Configuration
-Sling Hitches and Sling Angle
-Chain and Lever Hoist Usage
- 10:00am-11.00am Rigging and Slinging Awareness
-Safety
-Care and Maintenance
-Records and Control
- 14:00pm-15:00pm Practical
-Rigging and Slinging Practices
-Pre-lifting and Hoisting
-Lifting Tackles familiarations
-Do and Don'ts of Hoisting
-Proper use and applications
- 15:00pm-16.00pm Examination

FOR MORE DETAILS,
PLEASE CONTACT

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COMPETENCY: BASIC RIGGING AND SLINGING



10 CEP (DOSH) & 20 CCD (DOSH)

100% HRDF Claimable

DATE:

11TH-12TH OCTOBER 2022

VENUE:

KENYALANG WCCT BINTULU
TRAINING CENTRE

FEE

RM480.00/PAX

INTRODUCTION

The program is aimed at helping participants understand the hazard and risk working at height and how to prevent from falling accident including to enhance the competency of rigger in rigging & slinging activities. Working at height has been an issue due to highest number of accident. According to SOCSO 2007 reports in "Person falling" there are 13417 reported cases with 228 reported fatalities. Knowledge, skill and attitude are very important in order to prevent falling accident with the used of proper safety hardness, proper and safe rigging & slinging methodology. The scope of this training is to provide a details understanding of rigging & slinging work systems that needs to be implemented to ensure safety of the worker while working on Tower or any other high places and craning activities.

THE TRAINING METHODOLOGIES

Theory Session

- Dynamic & highly engaging presentation
- Interactive and fun
- Attention-grabbing audio-visual aids, real scene photographs, video clips, multimedia presentation

Practical session

- Hands-on experience
- Participant centered

COURSE METHODOLOGY

- Initiate the audit
- Prepare audit activities
- Conduct audit activities
- Prepare and distribute the audit report
- Complete the audit
- Audit follow up

OBJECTIVE

- Understand the OSHA & FMA legislation for crane operation
- Understanding the basic safety crane operation.
- Understanding on the basic lifting equipment's.
- Able to perform hand signal & communication
- Understanding and able to do rope & knot.
- Understand rigging & slinging basics, including the importance of "sling angle"

WHO SHOULD ATTEND?

- Crane operator
- Crane attendance
- Maintenance personnel
- Sub Contractor
- Emergency Response Team members
- Employees who working at height
- Managers/ Executives, Safety and Health Officers

ABOUT SPEAKER

LIM CHUN CHIEH graduated with a Bachelor Degree in Industrial and Management System Engineering from University of Nebraska Lincoln, United States in year 2011. She has more than 10 years experienced in manufacturing, automobile production, construction, logistics, transportation and oil & gas industry. She is experienced in researching, teaching and training. She is certified in ISO Six Sigma Green Belt. Currently, Cheries Lim in pursuing a professional chartered member in Chartered Institute Logistics and Transportation in Malaysia (CILTM). She is a registered safety officer with Department of Occupation Safety and Health (DOSH). She is certified as a Train the Trainer recognised by NIOSH Malaysia, registration No. BTT4847-S; certified as HRDF trainer under certificate no. TTT/7463; First aider by Malaysia Red Crescent Society, registration No. (PCA01)09426; Competent person as Occupational Safety and Health Coordinator (OSHC). She also trained person as Initial Ergonomics Risk Assessment (ERA).

ASSESSMENT

Participants are required to sit for theory and practical assessment, which consist of 90% on practical assessment and 10% on written assessment